

DC/JCM/25/2009

भारत सरकार/GOVERNMENT OF INDIA  
रेल मंत्रालय/MINISTRY OF RAILWAYS  
रेलवे बोर्ड/(RAILWAY BOARD)

<http://www.airfindia.com>

No.2008/H/5/18

New Delhi, dated 3.05.11

The General Managers,  
All Indian Railways,  
(Including PUs).

**Sub.: Pre- Medical examination – relaxation for Loco Pilots declared with type II Diabetes – Amendment to Annexure-III (Para 509, 512) – 12.7.2 of IRMM- 2000.**

Pursuant to the demand raised by Staff Side as DC/JCM item, the issue of relaxing the medical standards of Loco Pilots suffering from Diabetes Mellitus have been considered by the Board and the following has been decided –

Employees in safety category (A1 A2 & A3) & RPF who are suffering from Diabetes Mellitus can be declared fit for the respective categories if Diabetes is controlled on diet and/or on Tab. Metformin (oral hypoglycemic drug) upto 2gm/day only.

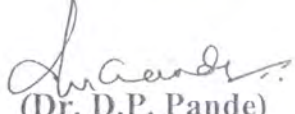
Periodic medical examination of such employee is to be conducted every year in addition to regular follow up as per the advice of the treating physician.

The in-service employee of Safety category & RPF who had been declared unfit due to Diabetes Mellitus prior to issue of this Board's letter will not be considered for re-medical examination.

This issues in consultation with Safety, Mechanical, Electrical & Establishment Dtes.of Board's office

Accordingly an ACS to Annex III (Para 509, 512) - 12.7.2 of IRMM-2000 is enclosed.

Hindi version will follow.

  
(Dr. D.P. Pande)

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Encl.: ACS to Annex III (Para 509, 512) - 12.7.2 of IRMM-2000.

Advance Correction Slip to Annexure – III (Para 509, 512) – 12.7.2  
of IRMM-2000.

Annexure – III (Para 509, 512) – 12.7.2 of IRMM-2000 to be replaced as under–

Employees in safety category (A1, A2 & A3) & RPF who are suffering from Diabetes Mellitus can be declared fit for the respective categories if Diabetes is controlled on diet and/or on Tab. Metformin (Oral Hypoglycemic Drug) upto 2gm/day only.

Periodic medical examination of such employee is to be conducted every year in addition to regular follow up as per the advice of the treating physician.

(Board's Authority letter No. 2008/H/5/18 dated 03.05.11)

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